

## ABSTRACT OF THE DISCLOSURE

A communication method in a mobile communication system in which an access terminal transmits to an access network DRC information indicating a selected one of forward data rates requested by the access terminal is provided. The access network designates a DRC information length DRCLength indicating a number of slots where the DRC information is repeated and transmits the designated DRC information length to the access terminal. The access terminal gates transmission of DRC information to the access terminal at one time slot in every DRC information length received from the access network.